

HUSTON-TILLOTSON UNIVERSITY
B.S. KINESIOLOGY – ATHLETIC TRAINING DEGREE PLAN

Requirements for a Major in Kinesiology
Athletic Training Concentration

The purpose of the kinesiology degree in at Huston-Tillotson University is to prepare a diverse population of students with the necessary knowledge, skills, and dispositions to promote an understanding of how the body moves and educate people in physical activity for health and quality of life.

The athletic training concentration allows students to fulfill one of the following options:

1. To meet the 90-credit hour requirement to apply for the 3+2 articulation agreement between Huston-Tillotson University and Texas Lutheran University leading to a master's in athletic training from TLU and a Bachelor of Arts in kinesiology from Huston-Tillotson University.
2. To meet the Method A (Apprenticeship) licensure requirements for athletic trainers by the Texas Department of Licensing and Regulation (TDLR). This option requires successful completion of the bachelor's degree, 1800 clock-hours of apprenticeship (e.g., practicum, internship, or volunteer work) under the supervision of a licensed athletic trainer at an accredited college or university, and successfully completing a licensure examination requirement. If the student selects to pursue this option, she or he must apply to the TDLR for athletic trainer license examination prior to their last 30 credit hours of being awarded a degree. However, the degree must be conferred to obtain a license. For details, visit the TDLR website at: <https://www.tdlr.texas.gov/at/atapply.htm#apply>.
3. To meet the coursework requirements for admission into advanced degrees in athletic training and allied health (e.g., occupational therapy). This option requires the student to complete during their undergraduate degree or are in progress of completing prior to admission courses such as statistics, medical terminology, chemistry, and physics.

Degree Course Requirements Are:

1. Meet the math core requirement with MATH 1314 with a "C" or better.
2. Meet the science core requirement with a "C" or better grade in BIOL 2401 Human Anatomy and Physiology I and BIOL 2402 Human Anatomy and Physiology II.
3. Earn a grade of "C" or better in all the following courses:
 - KINE 1304 or 1338, 1305, 2305, 2356, 3300, 3301, 3302, 3303, 3356, 3357, 3412, 4302.
 - Choose three (3) credit hours of activity classes.
 - A total of 10 credit hours of combined practicum and internship: KINE 2307, 3307 and 4401.
 - Any prerequisite course for admission into graduate school (e.g., CHEM 1411, BIOL 1408 or 1406 or 1407, MATH 1342, PHYS 2425).
4. A grade of "C" or higher is required in all major courses.

KINESIOLOGY - PHYSICAL EDUCATION EC-12 CERTIFICATION DEGREE PLAN

**A SUGGESTED COURSE SEQUENCE FOR THE B.S. KINESIOLOGY MAJOR
ATHLETIC TRAINING CONCENTRATION**

TOTAL HOURS 120

YEAR 1

FALL				SPRING			
UNIV	1101	Freshman Seminar I	1	UNIV	1102	Freshman Seminar II	1
ENGL	1301	Intro to College Composition	3	ENGL	1302	College Rhetoric & Composition	3
KINE		Activity Course	1	COMM	1315	Public Speaking	3
KINE	1304 or 1338	Health and Wellness or Concepts of Physical Fitness	3	MATH	1314	College Algebra	3
COSC	1300	Introduction to Computers	3	PSCI	1301 or 1302	American Government (Federal or State and Local)	3
		Foreign Language I	3			Foreign Language II	3
Total Hours			14	Total Hours			16

YEAR 2

FALL				SPRING			
BIOL	2401	Human Anatomy and Physiology I	4	BIOL	2402	Human Anatomy and Physiology II	4
KINE	1305	Introduction to Athletic Training and Allied Health	3	PHIL or RELI		Ethics/Religion Core (LL WI)	3
CHEM	1411	General Chemistry I	4			Fine Arts Core	3
KINE	2356	Care & Prevention of Athletic Injuries	3	KINE	2305	Medical Terminology	3
HIST	1301 or 1302	U.S. History I or U.S. History II (LL WI)	3	KINE	2307	Kinesiology Practicum I	3
Total Hours			17	Total Hours			16

YEAR 3

FALL				SPRING			
BIOL	1408	Introduction to Biology	4	MATH	1342	Introductory Statistics	3
KINE		Activity Course	1	PSYC	1301	Introduction to Psychology (Beh Sci)	3
KINE	3300	Tests and Measurements	3	KINE	3303	Biomechanics	3
KINE	3302	Physiology of Exercise	3	KINE	3307	Kinesiology Practicum II	3
PHYS	2425*	General Physics I	4	KINE	4302	Nutrition for Health and Fitness	3
Total Hours			15	Total Hours			15

YEAR 4

FALL				SPRING			
KINE		Activity Course	1	KINE	3357	Evaluation of Lower Extremity Athletic Injuries	3
KINE	3301	Motor Behavior (UL WI)	3				
KINE	3356	Evaluation of Upper Extremity Athletic Injuries	3	KINE	4306	Rehabilitation and Therapeutic Modalities	3
ENGL		Literature (200 level course)	3	KINE	4401	Kinesiology Internship	4
KINE	3412	Adapted Physical Activity (UL WI, GD)	4			Approved Elective	3
Total Hours			14	Total Hours			13

* To register for PHYS 2425 General Physics I, a student must have taken MATH 1314, MATH 2412, MATH 2413 or has taken and passed the Entrance Exam Placement.

* KINE 3412 meets General Diversity requirements. KINE 3301 and KINE 3412 meets Upper Division Writing Intensive course requirement.

KINESIOLOGY - PHYSICAL EDUCATION EC-12 CERTIFICATION DEGREE PLAN

Name: _____
HT ID#: _____

Phone: _____
Email: _____

CORE CURRICULUM REQUIREMENTS		PR	Course	Hrs	Subst	Sem	Grade
Freshman Orientation				2			
Intro to College Composition		*	ENGL 1301	3			
College Rhetoric & Composition		*	ENGL 1302	3			
Health & Wellness			KINE	3	Met by KINE Major Rqmts		
Physical Education (activity class)			KINE	4	Met by KINE Major Rqmts		
Fine Arts (ENGL1315, MUSI1301, 1302, 1303, Choir (x3))				3			
Public Speaking			COMM 1315	3			
Literature (ENGL 2304, 2326, 2331, 2341)		*	ENGL 2304	3			
Behavioral Science			PSYC 1301	3			
U.S. History (HIST 1301, 1302)		*	HIST	3			
Philosophy and Ethics (RELI 2302, 3303, PHIL 2301)		*		3			
American Government (PSCI 1301, 1302)			PSCI	3			
Mathematics (MATH 1314 or Higher)		*	MATH 1314	3			
Computer Science (COSC 1300 or Approved Sub)			COSC	3			
Natural Sciences Human Anatomy & Human Physiology			BIOL 2401	4			
		*	BIOL 2402	4			
Foreign Languages (FREN 1311 and 1312, or SPAN 1311 and 1312)				3			
		*		3			
Diversity		General		African American			
Writing Intensive				(upper div):			
KINESIOLOGY CORE MAJOR REQUIREMENTS							
Activity (3 one credit activity courses)		Fit	KINE	1			
		TS	KINE	1			
		IS	KINE	1			
Health & Wellness or Concepts of Physical Fitness			KINE	3			
Care and Prevention of Movement Injuries			KINE 2356	3			
Tests and Measurements		*	KINE 3300	3			
Motor Behavior		*	KINE 3301	3			
Physiology of Exercise			KINE 3302	3			
Biomechanics		*	KINE 3303	3			
Adapted Physical Education			KINE 3412	4			
EMPHASIS COURSES							
Introduction to Athletic Training and Allied Health			KINE 1305	3			
Evaluation of Upper Extremity Athletic Injuries			KINE 3356	3			
Evaluation of Lower Extremity Athletic Injuries			KINE 3357	3			
Rehabilitation and Therapeutic Modalities			KINE 4306	3			
PRACTICUM AND INTERNSHIPS							
Kinesiology Practicum I			KINE 2307	3			
Kinesiology Practicum II			KINE 3307	3			
Human Performance Internship		*	KINE 4401	4			
GRADUATE SCHOOL ADMISSION PRE-REQUISITE COURSEWORK AND OTHER ELECTIVES							
General Chemistry 1				4	CHEM 1411		
Introduction to Biology (or BIOL 1406 or BIOL 1407)				4	BIOL 1408		
Introductory Statistics				3	MATH 1342		
Medical Terminology				3	KINE 2305		
General Physics 1				4	PHYS 2425		
Nutrition for Health and Fitness				3	KINE 4302		
Approved elective				3			

Advisor Signature: _____ Chairperson: _____ Date: _____