



DEPARTMENT OF KINESIOLOGY

Requirements for a Bachelor of Arts (B.A.) with Physical Education as Concentration

The purpose of the degree in physical education (i.e., PE EC-12) at Huston-Tillotson University is to prepare a diverse population of students for careers related to teaching physical education by preparing them with the necessary knowledge, skills, and dispositions to educate people in becoming physically literate individuals to enjoy a lifetime of healthful physical activity.

Students pursuing physical education teaching certification should refer to the Educator Preparation section of the HT Bulletin for admission requirements for teacher certification in physical education.

Degree Course Requirements Are:

1. Meet the science core requirement with a “C” or better grade in BIOL 2401 Human Anatomy and Physiology I and BIOL 2402 Human Anatomy and Physiology II.
2. Earn a grade of “C” or better in all of the following courses:
 - KINE 1301, 1304 or 1338, 1321, 2301, 2356, 3300, 3301, 3302, 3303, 3412, and KINE 4303
 - Choose three (3) credit hours of activity courses which must include a personal or individual fitness course, a team sport course, and an individual sports course.
 - Take the following Educator Preparation courses: EDUC 1301, 3303, 3365, 4306, 4307, 4907, and RDNG 3311, 3312, 3321, or 4322.
3. Meet the Educator Preparation program course requirements with a “C” or better for competence in reading, writing, math and subject-specific content hours in ENGL 1301, ENGL 1302, MATH 1314, HIST 1301 or 1302, PSCI 1301 or 1302.
4. This degree program requires a second teaching field or minor.

Second Teaching Field or Minor:

Declaration of a second teaching field will lead to a split student teaching placement (i.e., partial day in PE setting; partial day in second teaching field setting), as well as eligibility to test for and upon graduation apply for the second teaching certification. Students that declare a minor may later test and apply for a second teaching certification after graduating and obtaining their initial teacher certification in physical education. A letter grade of “C” or higher for all courses in second teaching field or minor as well as must maintain a 2.75 GPA.

Students may select to complete second teaching field in the following content areas: Special Education, Computer Science, Biology and Mathematics.

All students pursuing teacher certification must apply and be accepted to the Educator Preparation Program. Please refer to the Educator Preparation section of this Bulletin for details.

Meeting University Requirements for Writing Intensive, African and African American Diaspora and General Diversity Courses:

Students under this degree option meet these university requirements by taking:

- HIST 1301 or HIST 1302, RELI 2302 or PHIL 1301, meet lower division writing intensive courses. KINE 3301 (Motor Behavior) and KINE 3412 (Adapted Physical Activity) meet the upper division writing intensive course requirement.
- Students can take ENGL 2304 (Introduction to African American Literature) to fulfill both the literature and African/African American diaspora course requirement or a course in their second teaching field selection to meet this requirement.
- KINE 3412 meet the general diversity course requirement for degree completion.

**A SUGGESTED COURSE SEQUENCE FOR THE B.A. KINESIOLOGY MAJOR
PHYSICAL EDUCATION CONCENTRATION
(WITH SECOND CONTENT AREA/MINOR/ELECTIVE COURSEWORK)
TOTAL HOURS 125**

YEAR 1

FALL				SPRING			
UNIV	1101	Freshman Seminar I	1	UNIV	1102	Freshman Seminar II	1
ENGL	1301	Intro to College Composition	3	ENGL	1302	College Rhetoric & Composition	3
KINE	1301	Foundations of Kinesiology	3	COMM	1315	Public Speaking	3
KINE	1304 or 1338	Health and Wellness or Concepts of Physical Fitness	3	MATH	1314	College Algebra	3
COSC	1300	Introduction to Computers	3	PSCI	1301 or 1302	American Government (Federal or State and Local)	3
		Foreign Language I	3			Foreign Language II	3
KINE		Activity Course	1				
Total Hours			17	Total Hours			16

YEAR 2

FALL				SPRING			
KINE		Activity Course	1	KINE		Activity Course	1
BIOL	2401	Human Anatomy and Physiology I	4	BIOL	2402	Human Anatomy and Physiology II	4
		Fine Arts Core	3	KINE	1321	Coaching Education	3
KINE	2301	Developmentally Appropriate Activities	3	EDUC	1301	Introduction to the Teaching Profession	3
		Selected Minor Course	3			Ethics/Religion Core (LL WI)	3
HIST	1301 or 1302	U.S. History I or U.S. History II (LL WI)	3			Selected Minor Course	3
Total Hours			17	Total Hours			17

YEAR 3

FALL				SPRING			
EDUC	3303	Instruction in a Multicultural Society (Beh Sci)	3	RDNG	3321	Language Arts Across Curriculum	3
ENGL		Literature	3	EDUC	4306	Assessment and Differentiation of Instruction	3
KINE	3300	Tests and Measurements	3	KINE	2356	Care & Prevention of Athletic Injuries	3
KINE	3302	Physiology of Exercise	3	KINE	3303	Biomechanics	3
		Selected Minor Course	3			Selected Minor Course	3
Total Hours			15	Total Hours			15

YEAR 4

FALL				SPRING			
EDUC	3365	K-12 Content Knowledge & Skills w/Cert Exam Prep	3	EDUC	4307	Student Teaching Seminar	3
KINE	4303	Theory & Methods of PE (UL WI)	3	EDUC	4907	Student Teaching Field	9
KINE	3301	Motor Behavior (UL WI)	3				
KINE	3412	Adapted Physical Activity (UL WI, GD)	4				
		Selected Minor Course	3				
Total Hours			16	Total Hours			12

Note: Education majors may test out of COSC 1300 and satisfy computer requirement by taking EDUC 2302.

Name: _____
 HT ID#: _____

Phone: _____
 Email: _____

CORE CURRICULUM REQUIREMENTS		PR	Course	Hrs	Subst	Sem	Grade
Freshman Orientation				2			
Intro to College Composition		*	ENGL 1301	3			
College Rhetoric & Composition		*	ENGL 1302	3			
Health & Wellness			KINE	3	Met by KINE Major Rqmts		
Physical Education (activity class)			KINE	4	Met by KINE Major Rqmts		
Fine Arts (ENGL1315, MUSI1301, 1302, 1303, Choir (x3))				3			
Public Speaking			COMM 1315	3			
Literature (ENGL 2304, 2326, 2331, 2341)		*	ENGL 2341	3	ENGL2304		
Behavioral Science		*	EDUC 3303	3	Met by EPP Rqmts		
U.S. History (HIST 1301, 1302)		*	HIST	3			
Philosophy and Ethics (RELI 2302, 3303, PHIL 2301)		*		3			
American Government (PSCI 1301, 1302)			PSCI	3			
Mathematics (MATH 1314 or Higher)		*	MATH 1314	3			
Computer Science (COSC 1300 or Approved Sub)			COSC	3			
Natural Sciences Human Anatomy & Human Physiology			BIOL 2401	4			
		*	BIOL 2402	4			
Foreign Languages (FREN 1311 and 1312, or SPAN 1311 and 1312)				3			
		*		3			
Diversity	General		African American	ENGL2304-F22			
Writing Intensive	RELI2302-F22	HIST1302-SU22		(upper div)			
KINESIOLOGY CORE MAJOR REQUIREMENTS							
Activity (3 one credit activity courses)		Fit	KINE	1			
		TS	KINE	1			
		IS	KINE	1			
Health & Wellness or Concepts of Physical Fitness			KINE	3			
Foundations of Kinesiology			KINE 1301	3			
Care and Prevention of Movement Injuries			KINE 2356	3			
Tests and Measurements		*	KINE 3300	3			
Motor Behavior		*	KINE 3301	3			
Physiology of Exercise			KINE 3302	3			
Biomechanics		*	KINE 3303	3			
Adapted Physical Education			KINE 3412	4			
Emphasis Courses							
Coaching Education			KINE 1321	3			
Developmentally Appropriate Activities			KINE 2301	3			
Theory and Methods of Teaching Physical Education		*	KINE 4303	3			
Second Teaching Field or Minor							
Approved Second Teaching Field or Minor			MATH 2412	3			
Approved Second Teaching Field or Minor				3			
Approved Second Teaching Field or Minor				3			
Approved Second Teaching Field or Minor				3			
Approved Second Teaching Field or Minor				3			
EDUCATOR PREPARATION PROFESSIONAL DEVELOPMENT							
Introduction to the Teaching Profession			EDUC 1301	3			
Teacher and Student in a Multicultural Society		*	EDUC 3303	3			
K-12 TEKS Curriculum and Exam Preparation		*	EDUC 3365	3			
Assessment and Instructional Management		*	EDUC 4306	3			
Student Teaching Seminar		*	EDUC 4307	3			
Student Teaching Field Experience		*	EDUC 4907	9			
Reading (RDNG 3311, 3312, 3321, or 4322,)			RDNG	3			

Advisor Signature: _____ Chairperson: _____ Date: _____