



PHYSICAL EDUCATION 2018-2020

General Program Requirements for a Major in Kinesiology with Physical Education Concentration

(Kinesiology Major and Educator Preparation Minor)

The purpose of the degree in physical education (i.e., PE EC-12) at Huston-Tillotson University is to prepare a diverse population of students for careers related to teaching physical education by preparing them with the necessary knowledge, skills and dispositions to educate people in becoming physically literate individuals to enjoy a lifetime of healthful physical activity.

Students pursuing physical education teaching certification should refer to the Educator Preparation section of this *Bulletin* for admission requirements for teacher certification in physical education.

Degree Course Requirements Are:

1. Meet the science core requirement with a “C” or better grade in BIOL 2401 Human Anatomy and Physiology I and BIOL 2402 Human Anatomy and Physiology II.
2. Earn a grade of “C” or better in all of the following courses:
 - KINE 1301, 1304 or 1338, 2301, 2356, 3300, 3301, 3302, 3303, 3412 and KINE 4303.
 - Choose six (6) credit hours of activity courses which must include KINE 1100, KINE 1101 and KINE 1102.
 - Three (3) credit hours of instructor approved upper division elective.
 - Take the following Educator Preparation courses: EDUC 1301, 3303, 3365, 4306, 4307, 4907, and RDNG.

Meeting University Requirements for Writing Intensive, African and African American Diaspora and General Diversity Courses:

Students under this degree option meet these university requirements by taking:

- HIST 1301 or HIST 1302, RELI 2302 or PHIL 1301, meet lower division writing intensive courses. KINE 3301 (Motor Behavior) and KINE 3412 (Adapted Physical Activity) meet the upper division writing intensive course requirement.
- Students can take ENGL 2304 (Introduction to African American Literature) to fulfill both the literature and African/African American diaspora course requirement or a course in their second teaching field selection to meet this requirement.
- KINE 3412 meet the general diversity course requirement for degree completion.

A SUGGESTED COURSE SEQUENCE FOR THE B.A. KINESIOLOGY PHYSICAL EDUCATION
TOTAL HOURS 122

YEAR 1

		FALL			SPRING		
UNIV	1101	Freshman Seminar I	1	UNIV	1102	Freshman Seminar II	1
ENGL	1301	Intro to College Composition	3	ENGL	1302	College Rhetoric & Composition	3
KINE		Activity Course	1	COMM	1315	Public Speaking	3
KINE		Activity Course	1	MATH	1314	College Algebra	3
KINE	1304 or 1338	Health and Wellness or Concepts of Physical Fitness	3	PSCI	1301 or 1302	American Government (Federal or State and Local) Foreign Language II	3
		Foreign Language I	3				
COSC	1300	Introduction to Computers	3				
Total Hours			15	Total Hours			16

YEAR 2

		FALL			SPRING		
KINE		Activity Course	1	KINE		Activity Course	1
BIOL	2401	Human Anatomy and Physiology I	4	EDUC	1301	Introduction to the Teaching Profession	3
KINE	1301	Foundations of Kinesiology	3	KINE	1321	Coaching Education	3
KINE	2301	Developmentally Appropriate Activities	3	BIOL	2402	Human Anatomy and Physiology II	4
		Ethics/Religion Core (WI)	3			Fine Arts Core	3
HIST	1301 or 1302	U.S. History I or U.S. History II (WI)	3				
Total Hours			17	Total Hours			14

YEAR 3

		FALL			SPRING		
KINE		Activity Course	1	KINE		Activity Course	1
EDUC	3303	Instruction in a Multicultural Society	3	RDNG	3321	Language Arts Across Curriculum	3
ENGL		Literature (200 level course)	3	EDUC	4306	Assessment and Differentiation of Instruction	3
KINE	3300	Tests and Measurements	3	KINE	2356	Care & Prevention of Athletic Injuries	3
KINE	3302	Physiology of Exercise	3	KINE	3303	Biomechanics	3
KINE		Approved Elective	3	KINE		Approved Elective	3
Total Hours			16	Total Hours			16

YEAR 4

		FALL			SPRING		
EDUC	3365	K-12 Content Knowledge & Skills w/Cert Exam Prep	3	EDUC	4307	Student Teaching Seminar	3
KINE	4303	Theory & Methods of PE (WI)	3	EDUC	4907	Student Teaching Field	9
KINE	3301	Motor Behavior (WI)	3				
KINE	3412	Adapted PE (WI, GE)	4				
KINE		Upper Division Approved Elective	3				
Total Hours			16	Total Hours			12

Note: Education majors may test out of COSC 1300 and satisfy computer requirement by taking EDUC 2302.

HUSTON-TILLOTSON UNIVERSITY
KINESIOLOGY - PHYSICAL EDUCATION DEGREE PLAN

Name: _____
 HT ID#: _____

Phone: _____
 Email: _____

CORE CURRICULUM REQUIREMENTS		P R	Course	Hrs	Subst	Sem	Grade
Freshman Orientation				2			
Intro to College Composition		*	ENGL 1301	3			
College Rhetoric & Composition		*	ENGL 1302	3			
Health & Wellness			KINE	3	Met by KINE Major Rqmts		
Physical Education (activity class)			KINE	4	Met by KINE Major Rqmts		
Fine Arts (ENGL1315, MUSI1301, 1302, 1303, Choir (x3))				3			
Public Speaking			COMM 1315	3			
Literature (ENGL 2304, 2326, 2331, 2341)		*	ENGL 2304	3			
Behavioral Science		*	EDUC 3303	3	Met by EPP Rqmts		
U.S. History (WI) (HIST 1301, 1302)		*	HIST	3			
Philosophy and Ethics (WI) (RELI 2302, 3303, PHIL 2301)		*		3			
American Government (PSCI 1301, 1302)			PSCI	3			
Mathematics (MATH 1314 or Higher)		*	MATH 1314	3			
Computer Science (COSC 1300 or Approved Sub)			COSC	3			
Natural Sciences Human Anatomy & Human Physiology			BIOL 2401	4			
		*	BIOL 2402	4			
Foreign Languages (FREN 1311 and 1312, or SPAN 1311 and 1312)				3			
		*		3			
Diversity	General		African American				
Writing Intensive					(upper div)		
KINESIOLOGY MAJOR REQUIREMENTS							
Activity (6 one credit activity courses)		Fit	KINE	1			
		TS	KINE	1			
		IS	KINE	1			
			KINE	1			
			KINE	1			
			KINE	1			
Health & Wellness or Concepts of Physical Fitness			KINE	3			
Foundations of Kinesiology			KINE 1301	3			
Coaching Education			KINE 1321	3			
Developmentally Appropriate Activities			KINE 2301	3			
Care and Prevention of Movement Injuries			KINE 2356	3			
Tests and Measurements		*	KINE 3300	3			
Motor Behavior (WI)		*	KINE 3301	3			
Physiology of Exercise			KINE 3302	3			
Biomechanics		*	KINE 3303	3			
Adapted Physical Education (WI, GE)			KINE 3412	4			
Theory and Methods of Teaching Physical Education (WI)		*	KINE 4303	3			
Approved Upper Division Elective				3			
Approved Electives				3			
				3			
EDUCATOR PREPARATION PROFESSIONAL DEVELOPMENT							
Introduction to the Teaching Profession			EDUC 1301	3			
Teacher and Student in a Multicultural Society		*	EDUC 3303	3			
K-12 TEKS Curriculum and Exam Preparation		*	EDUC 3365	3			
Assessment and Instructional Management		*	EDUC 4306	3			
Student Teaching Seminar		*	EDUC 4307	3			
Student Teaching Field Experience		*	EDUC 4907	9			
Reading (RDNG 3311, 3312, 3321, or 4322)			RDNG	3			

TOTAL Hours To Earn Degree = 122. The last 30 credit hours earned must be taken at Huston-Tillotson University.