

Austin Area Mental Health Resources

Last Revision: 9/18/2012

Agency/Organization Name	Telephone Number	Physical Address	Available Services/Eligibility Requirements
2-1-1 Texas/United Way Navigation Center	211 Toll Free: (877) 541-7905	2000 E. MLK Jr. Blvd. Austin, TX 78702	2-1-1 is a free, easy-to-use phone number that connects callers anywhere in Texas with health and human service providers in their community. This service provides information on resources for housing, transportation, clothing, physical and mental health care, child care, education, employment, counseling, government resources, volunteer opportunities, disaster information, and many other resources. This service is available 24 hours a day, 7 days a week
Austin Travis County Integral Care – Psychiatric Emergency & Crisis Services	(512) 472- HELP [4357]	56 East Avenue at Holly/River Streets (near IH-35 and the Colorado River) Austin, TX 78701	Psychiatric Emergency Services (PES) is for adult, adolescents, and children located in Travis County experiencing emergent or urgent psychiatric mental health issues and in need of immediate evaluation services. Also provided are crisis intervention, individual crisis counseling, individual and family crisis rehabilitative skills training, screening and referrals to appropriate community resources and/or services. These services are available 24 hours a day, 7 days a week, on a walk-in basis.
Austin Family Institute	(512) 329-6611	4201 Bee Caves Rd. Suite C213 Austin, TX 78746	Sliding scale fee based on income and number of dependents. Medicaid accepted.
Bluebonnet Trails Community Services – Mental Health & Crisis Services	(512) 255-1720 Crisis Hotline: (800) 841-1255	1009 North Georgetown St. Round Rock, TX 78664	Mental health services to children, adolescents and adults in Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson Counties include assessments and are available M-F 8:00-5:00 PM. Crisis Services provide immediate assessments, crisis intervention services if needed and referral to additional community resources for persons experiencing urgent psychiatric mental health issues. Crisis services are available 24 hours a day, 7 days a week.
Capital Area Counseling	(512) 302-1000	2824 Real St. Austin, TX 78722	Psychological counseling for individual adults, couples, families, and children. Group therapy is also available. Sliding fee scale based on income. Appointments are available 7 days a week, with evening appointments M-F.
Lone Star Circle of Care – Behavioral Health	(877) 800-5722	<u>Austin</u> 1221 W. Ben White Blvd. Suite B-300 Austin, TX 78704 <u>Round Rock</u> 2120 N. Mays St. Suite 490 Round Rock, TX 78664 <u>Georgetown</u> 2423 Williams Dr. Suite 108 Georgetown, TX 78628	Behavioral health services for adults, adolescents, and children. There are no restrictions or eligibility requirements to receive services. Insurance accepted. Noninsured – sliding scale fee based on income and number of dependents. Appointments are available based on location: <u>Austin</u> Mon/Wed/Thur/Fri: 8:00 a.m. - 5:00 p.m.; Tues: 10:00 a.m. - 7:00 p.m. <u>Round Rock</u> Mon/Wed/Fri 8:00 a.m. - 5:00 p.m.; Tues/Thurs 8:00 a.m. - 8:00 p.m. <u>Georgetown</u> Mon/Wed/Thur/Fri: 8:00 a.m. - 8:00 p.m.; Tues: 10:00 a.m. - 7:00 p.m.
New Life Institute	(512) 469-9447	607 Rathervue Place Austin, TX 78705	Individual, family, relationship, marriage counseling. Group therapy also available. Psychological testing/assessment is provided. Some insurance accepted. Limited income-based fee schedule.

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Plumeria Counseling Center	(512) 344-9181	2501 W. William Cannon Dr. Building 6 Suite A Austin, TX 78745	Offers counseling services to adult individuals, adolescents, children, couples, families and groups. Insurance and EAP accepted. Noninsured – sliding scale fee available.
Samaritan Center	(512) 451-7337	8956 Research Blvd. Bldg #2 Austin, TX 78758	Provides individual, group and family counseling for ages 3-18 and their parents/family, adults and the elderly. These include play therapy, sand tray, parenting support, and assessment, individual and family counseling addressing a variety of issues. Insurance accepted. Noninsured – sliding scale fee based on income and number of dependents. Evening and Saturday appointment available.
Seton Shoal Creek Hospital	(512) 324-2000	3501 Mills Ave. Austin, TX 78731	Offers stabilization for patients dealing with issues such as emotional crises, depression and drug and alcohol dependence on a 24-hour basis. For those individuals requiring less intensive, longer term treatment, outpatient services are offered. Licensed staff are on-call 24 hours a day to address the mental health needs of patients and their families. The hospital facilitates a wide range of support groups which meet on a regular basis.
Tejas Family Guidance Center	(512) 981-8787	1000 Westbank Dr. Suite 5-A 200 Austin, TX 78746	Provides therapy to children, adolescents, individuals, couples and families. Provides assessment for ages 6-17. Sliding fee scale.
Texas State University Counseling Practicum Clinic	(512) 716-4250	1555 University Blvd. Round Rock, TX, 78664	Fully equipped teaching clinic providing supervised clinical experience for advanced master's degree-seeking counseling students and vital, affordable mental health services to the community. The clinic is open to individual adults, adolescents, children, couples, and families; both traditional and non-traditional. Sliding fee scale. Appointments are available Wednesdays and Thursdays beginning at 5:00 p.m.
YWCA Counseling Services	(512) 326-1222	2015 South IH 35, Suite 110 Austin, TX 78741	Individual, couples and family counseling available. Sliding fee scale.

Austin Travis County Integral Care Psychiatric Emergency & Crisis Services

(If you live in Austin/Travis County)

Bluebonnet Trails Crisis Services

(If you live in Bastrop, Burnet, Caldwell, Fayette, Gonzales, Guadalupe, Lee and Williamson Counties)

And Local 9-1-1 services should be the first Point of Contact when there is an urgent psychiatric threat.