

## **GENERAL**

*These resources are valuable sites for data, news coverage, and general information about sexual violence.*

### **American College Health Association — National College Health Assessment**

The ACHA's National College Health Assessment is a bi-annual survey that asks students about issues related to physical and mental health, including questions about substance use and sexual violence. It's a valuable resource for social norming exercises and/or for benchmarking your campus against national numbers.

**[http://www.acha-ncha.org/pubs\\_rpts.html](http://www.acha-ncha.org/pubs_rpts.html)**

### **CampusClarity Blog**

**[blog.campusclarity.com](http://blog.campusclarity.com)**

### **Dr. Erin Buzuvis & Kristine Newhall — Title IX Blog**

**<http://title-ix.blogspot.com/>**

### **Not Alone — Together Against Sexual Assault**

Not Alone is the website created by the White House's Task Force. It includes all the relevant Department of Education guidance documents to help you comply with the law.

**<https://www.notalone.gov/>**

### **National District Attorney's Association —**

Includes publications on Violence Against Women

**<http://www.ndaa.org/publications.html>**

"Prosecuting Alcohol-Facilitated Sexual Assault"

**[http://www.ndaa.org/pdf/pub\\_prosecuting\\_alcohol\\_facilitated\\_sexual\\_assault.pdf](http://www.ndaa.org/pdf/pub_prosecuting_alcohol_facilitated_sexual_assault.pdf)**

### **RAINN -- How to Start the Conversation**

**<http://www.pinterest.com/pin/251146116695789822/>**

Short illustration helping parents get started talking to their kids about sexual violence.

### **NCAA Handbook on Sexual Violence Prevention**

According to the guide's preface, it "is a general introduction to the problems that result from sexual assault and interpersonal violence and how they are affecting college students and student-athletes. It is meant to assist intercollegiate athletics administrators and those who provide educational programming for student-athletes in developing their own approaches to preventing or reducing the incidents of sexual assault and other acts of interpersonal violence on their campuses."

**<https://www.ncaa.org/sites/default/files/Sexual-Violence-Prevention.pdf>**

### **Know Your IX**

Excellent resource for students and activists, providing information on Title IX, students' rights, and how they can report an assault or support survivors.

**<http://knowyourix.org/>**

### Circle of 6 App

<http://www.circleof6app.com/>

### Love Is Respect

<http://www.loveisrespect.org/>

## INTIMATE PARTNER VIOLENCE AND GENDER NORMS

*These videos and other resources can play a valuable role in educating staff and students about domestic violence and how gender roles can negatively influence behavior.*

### Esta Soler — “How We Turned the Tide on Domestic Violence (Hint: The Polaroid Help)”

An inspiring talk by Esta Soler on how activists, lawmakers, and survivors have helped lower domestic violence rates in the US.

[https://www.ted.com/talks/esta\\_soler\\_how\\_we\\_turned\\_the\\_tide\\_on\\_domestic\\_violence\\_hint\\_the\\_polaroid\\_helped?language=en](https://www.ted.com/talks/esta_soler_how_we_turned_the_tide_on_domestic_violence_hint_the_polaroid_helped?language=en)

### Leslie Morgan Steiner — “Why Domestic Violence Victims Don’t Leave”

Leslie Morgan Steiner tells her own story of surviving an abusive relationship.

[http://www.ted.com/talks/leslie\\_morgan\\_steiner\\_why\\_domestic\\_violence\\_victims\\_don\\_t\\_leave](http://www.ted.com/talks/leslie_morgan_steiner_why_domestic_violence_victims_don_t_leave)

### Jackson Katz — “Violence against Women-It’s a Men’s Issue”

In this video, well-known activist and educator Jackson Katz explains why it’s important to frame violence against women as a men’s issue as well as a women’s issue. Katz is also the founder of Mentors In Violence Prevention, an organization whose goal is to address sexism and in particular men’s violence against women.

[http://www.ted.com/talks/jackson\\_katz\\_violence\\_against\\_women\\_it\\_s\\_a\\_men\\_s\\_issue](http://www.ted.com/talks/jackson_katz_violence_against_women_it_s_a_men_s_issue)

### Tony Porter — “A Call to Men”

In this powerful talk, Educator and Activist Tony Porter encourages men to “break free of the ‘man box’” and explore how popular images of masculinity can damage both men and women.

[https://www.ted.com/talks/esta\\_soler\\_how\\_we\\_turned\\_the\\_tide\\_on\\_domestic\\_violence\\_hint\\_the\\_polaroid\\_helped?language=en](https://www.ted.com/talks/esta_soler_how_we_turned_the_tide_on_domestic_violence_hint_the_polaroid_helped?language=en)

### Men Can Stop Rape

The idea behind Men Can Stop Rape is to “mobilize men to use their strength for creating cultures free from violence.” Handouts for men and resources for male perpetrators and male survivors are available on their website.

<http://www.mencanstoprape.org/>

## CONSENT

*These resources will help you educate students about consent and facilitate discussions about this important topic.*

### CampusClarity — What is Consent?

Can two-minutes and a smart phone change the way you (or your students) think about consent? This video,

originally created as part of CampusClarity's award-winning online training program Think About It, teaches the concept of consent by considering a series of realistic scenarios in an approachable manner.

<https://www.youtube.com/watch?v=kJOKRYbgDh8>

### **Laci Green — Sex: A Frank Video Series about Sexuality with Laci Green**

#### **— “Wanna Have Sex? (Consent 101)”**

<https://www.youtube.com/watch?v=TD2EooMhqRI&list=PLTXiNEUzXWKTOhoUZWMcXY2vVQs7NwCxq>

### **Sexplanations with Dr. Doc**

#### **— “What is Consent?”**

<https://www.youtube.com/watch?v=Q5H6QvNmjY>

## **BYSTANDER INTERVENTION**

*Below are some resources you can use to educate yourself about how to teach bystander intervention and that you can use in workshops with students.*

### **Dr. Alan Berkowitz — Bystander Intervention**

This series of short videos by renowned consultant on social justice issues Alan Berkowitz provides a good resource for staff and faculty who are preparing bystander workshops or materials. Berkowitz tells stories of intervention and the principles they illustrate.

<http://www.alanberkowitz.com/videos.php>

### **Dr. Mary C. Gentile — Giving Voice to Your Values**

Mary Gentile teaches ethical decision-making and values-driven leadership for business schools. Although these topics might seem a far cry from sexual violence, they're not. Her book and workshops focus on teaching students how to speak up and step in when they see something wrong. At the center of her approach is the idea that most ethics education focuses too much on recognizing ethical dilemmas and debating the nuances of them as opposed to responding to ethical dilemmas. Her book and website are full of resources that could be adapted to bystander training for students, staff, and faculty around issues of sexual violence.

<http://www.givingvoicetovaluesbook.com/resources-for-educators/>

### **Who Are You — Bystander Intervention Video**

This video went viral last year. From a New Zealand multi-media campaign aimed at stopping sexual violence, it illustrates all the different people who could have intervened in one evening to stop a sexual assault. The video could fit well into workshops about sexual violence, consent, and, of course, bystander intervention.

<http://www.whoareyou.co.nz/>

### **Prevent Connect Wiki**

<http://wiki.preventconnect.org/Bystander+Intervention>

This website includes a 10 minute video on “Engaging Bystanders in Violence Against Women Prevention,” which can be a nice introduction for staff or administrators unfamiliar with the approach.

[http://www.preventconnect.org/wp-content/uploads/files/presentations/Engaging\\_Bystanders/](http://www.preventconnect.org/wp-content/uploads/files/presentations/Engaging_Bystanders/)

Also good list of videos you can use to discuss bystander intervention strategies, including several clips from the

ABC show “What Would You Do?” that involve bystander action around sexual harassment and potential sexual violence.

**<http://wiki.preventconnect.org/Movies%2C+documentaries%2C+and+video+clips+related+to+Violence+Against+Women>**

### **White House -- It's On Us Campaign**

As part of its effort to curb sexual violence, the White House has started an awareness campaign to promote intervening behaviors. The website includes some good resources, including videos.

**<http://itsonus.org/>**

### **NSVRC — Bystander Intervention Resources**

“This online resource collection offers advocates and preventionists information and resources on bystander intervention. It includes resources to use with community members, as well as information and research on the effectiveness of bystander intervention.”

**<http://www.nsvrc.org/projects/engaging-bystanders-sexual-violence-prevention/bystander-intervention-resources>**

### **MIT — Active Bystanders**

A nice site with some advice on effective intervention strategies as well as a few interactive scenarios students or facilitators could use to practice bystander skills.

**<http://web.mit.edu/bystanders/assessing/index.html>**

### **Step Up! --**

A comprehensive bystander intervention program, Step Up offers a lot of great free resources to help staff develop bystander programs on their campuses. It offers great guides on developing effective bystander scripts. One of the great things about Step Up is that they broaden intervention beyond sexual violence to include issues like drinking, anger, and academic honesty. It is another valuable resource for students and educators.

**<http://stepupprogram.org/>**

In particular, check out their library of videos that you can use to facilitate discussions about how to intervene and barriers to intervention.

**<http://stepupprogram.org/facilitators/videos/>**

### **Dr. David Lisak**

David Lisak’s homepage offers some valuable resources on understanding predators and the predatory nature of sexual violence.

**<http://www.davidlisak.com/resources/>**

**<https://www.youtube.com/watch?v=Q5H6QvNmjY>**

### **Prevention Innovations**

A research unit at the University of New Hampshire, Prevention innovations has developed numerous evidence-based strategies for sexual violence prevention. Their programs include “Bringing in the Bystander” and “Know Your Power.”

**<http://cola.unh.edu/prevention-innovations/about-us-0>**

### **Samantha Stendal and Aaron Blanton – “A Needed Response”**

Created during the Steubenville rape trial by two University of Oregon students, this short, simple video conveys a powerful message about treating women with respect. The video was honored with a Peabody Award, the first viral video to receive that accolade.

<https://www.youtube.com/watch?v=eZxv5WCWivM>

## **TRAUMA: UNDERSTANDING A VICTIM/SURVIVOR’S REACTIONS**

*Understanding how trauma can affect survivors of sexual violence is crucial to creating victim-centered policies and procedures, as well as a more supportive campus climate. These resources can help you do that.*

### **National Sexual Violence Resource Center**

NSVRC is an excellent resource full of free online trainings. In particular, they offer training on “The Brain, Body, and Trauma.” According to the website: “This course provides an overview of the neurobiological and psychological implications of sexually violent trauma and the information and skills necessary for victim service providers to provide trauma-informed services.”

<http://www.nsvrc.org/elearning/12554>

<http://www.nsvrc.org/>

### **Dr. David Lisak — Neurobiology of Trauma**

<https://www.youtube.com/watch?v=py0mVt2Z7nc&feature=youtu.be>

### **Dr. Rebecca Campbell — Neurobiology of Sexual Assault (interview)**

<http://nij.ncjrs.gov/multimedia/video-campbell.htm>

### **Dr. Rebecca Campbell — Seminar on the Neurobiology of Sexual Assault**

<http://www.nij.gov/multimedia/presenter/presenter-campbell/Pages/welcome.aspx>

### **International Association of Chiefs of Police (IACP) — Police Response to Violence Against Women**

The IACP offers a series of videos on how police can effectively respond to sexual violence, including some excellent information on trauma. The information on trauma begins around minute six in the first video.

<http://www.theiacp.org/Police-Response-to-Violence-Against-Women>

### **Dr. David Lisak — Empowering Male Survivors of Sexual Abuse**

Lisak talks about the sexual abuse of men, the stigma that surrounds male survivors, and how to help men recover.

<https://www.youtube.com/watch?v=JSBqJpY5seo>